

## Daisy Club Out Of School Club

### Asthma Policy

This policy has been written with advice from the Department for Education & Skills, Asthma UK, the local authority, local healthcare professionals, the school health service, parents/carers, the governing body and pupils.

Daisy Club recognises that asthma is a widespread, serious but controllable condition affecting many children.

#### **Asthma medicines**

- Immediate access to reliever medicines is essential. Children with asthma are encouraged to carry their reliever inhaler as soon as the parent/carer, doctor or asthma nurse and staff at Daisy Club agree they are mature enough.

The reliever inhalers of younger children are kept in the medicine box in the staff office.

- Parents/carers are asked to ensure that the Daisy Club is provided with a labelled spare reliever inhaler. The Daisy Club will hold this separately in case the child's own inhaler runs out, or is lost or forgotten. All inhalers must be labelled with the child's name by the parent/carer.

- Daisy staff are happy to administer the Ventolin inhaler if the child isn't old enough to administer themselves.

All school staff will let pupils take their own medicines when they need to but this must be recorded at all times.

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#### **Record keeping**

- As your child joins the Daisy Club parents/carers are asked if their child has any medical conditions including asthma on their enrolment form and they will also complete an Allergy / Medicine form to be kept by the club.

#### **Exercise and activity**

- Taking part in sports, games and activities is an essential part of life for all children and continual outdoor play is encouraged by the club.

All staff know which children have asthma from our records

- Children with asthma are encouraged to participate fully in all physical play but we will remind children whose asthma is triggered by exercise to take their reliever inhaler before taking part and to thoroughly warm up and down before and after.

If a child needs to use their inhaler during the day they will be encouraged to do so.

All are aware of the potential triggers for children with asthma when exercising, tips to minimise these triggers and what to do in the event of an asthma attack. All staff are provided with Paediatric first aid training.

**Our environment**

- The club does all that it can to ensure the environment is favourable to all children with asthma. We do not keep furry or feathery animals and has a definitive no-smoking policy. We do not use any chemicals in for arts and craft activities. Children with asthma are encouraged to leave the room and go and sit in another room if particular fumes trigger their asthma.

**Asthma attacks**

- All staff who come into contact with pupils with asthma know what to do in the event of an asthma attack.
- In the event of an asthma attack immediate referral to a trained first aider.

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